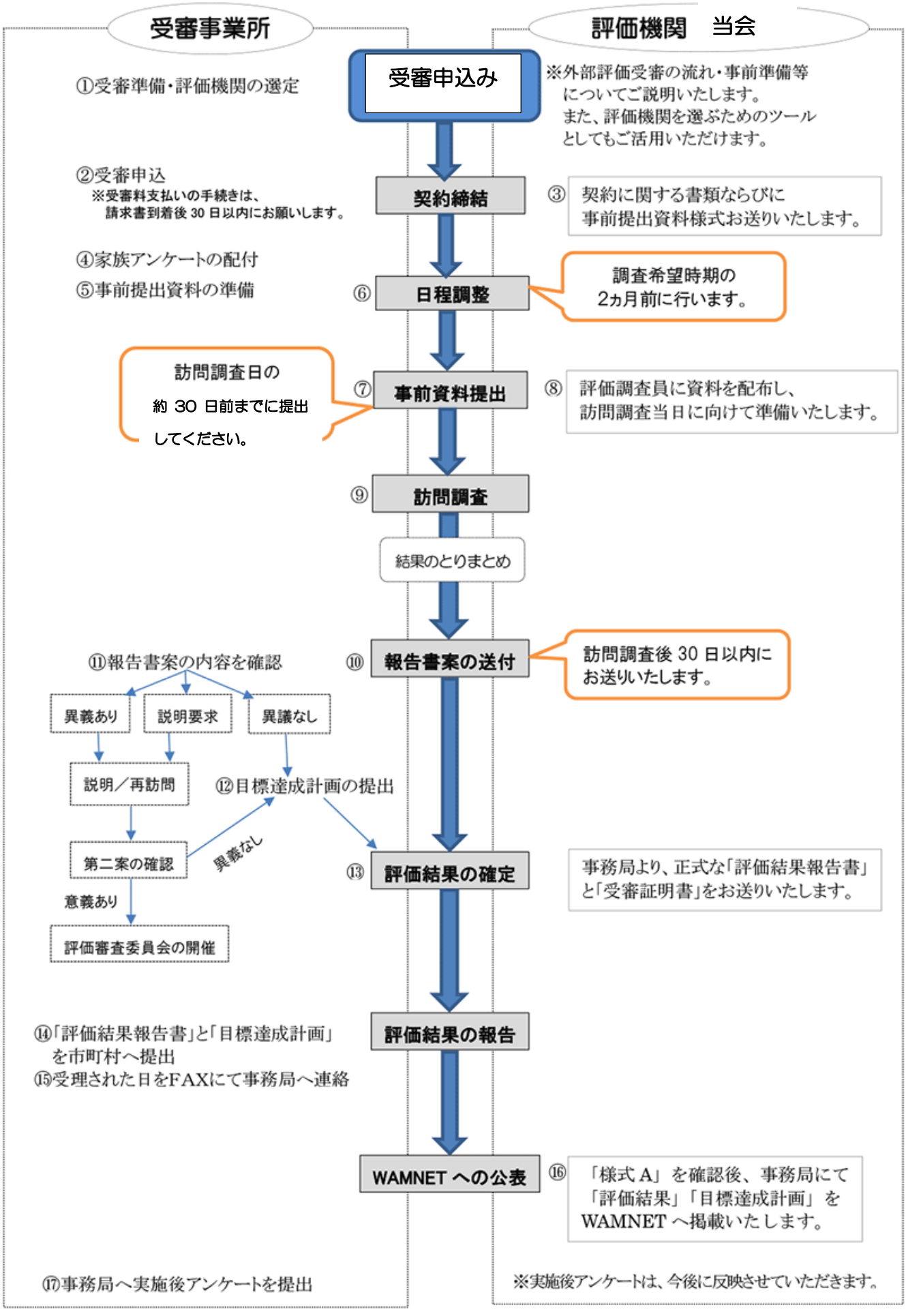～外部評価受審の基本的な流れ～